At our school we aim to create a community that demonstrates our Christian values in a creative and inclusive environment, which enables all to learn and flourish together.

Wellbeing Long Term Map – KAPOW

Cycle A	Autumn 1 Discover	Autumn 2 Take Notice	Spring 1	Spring 2 Connect	Summer 1 Give	Summer 2 Move
Acorns	Trying Something New	My Surroundings	Children's mental health week	Similarities and Differences	Kind Words	Being Animals
Field Maples	Perseverance	Colour Expression	Children's mental health week	Compliments	Generosity	Nature Walk
Hawthorn	Resilience	Others Around Me	Children's mental health week	Community	Giving to my Community	Adaptive Sports

Cycle B	Autumn 1 Discover	Autumn 2 Take Notice	Spring 1	Spring 2 Connect	Summer 1 Give	Summer 2 Move
Acorns	Making Mistakes	Sound	Children's mental health week	Understanding Others	Sharing	Gardening
Field Maples	Practice makes Progress	Making a Difference	Children's mental health week	Shared Interests	Appreciation	Motion Detection
Hawthorn	Growth Mindset	Myself	Children's mental health week	Pen Pals	Pay it Forward	Brain Breaks

Cycle C	Autumn 1 Discover	Autumn 2 Take Notice	Spring 1	Spring 2 Connect	Summer 1 Give	Summer 2 Move
Hawthorn	Goal Setting	My Thoughts	Children's mental health week	Working Together	Apologising	Making a Beat